



*Improves Core
Stabilisation Exercise*



ACHIEVO CORE STABILITY TRAINER

A simple device that provides feedback to ensure quality and precision in exercise performance and testing!

The Achievo Core Stability Trainer is effective to monitor Spinal stability while the patient performs SPINAL CORE muscle exercises for Lower back. It also assist to monitor the neck muscle exercises - enabling the effort to be focused on Strength training of weakened muscles.

► Specifications

Measuring Range	► Analog 0-200 mmHg pressure	Inflate	► Squeeze bulbs (after tight screening valve)
PBS LC1	► Achievo Core Stability Trainer - Pressure Cuff	Deflate	► Loosen screw valve
PBS LC2	► Achievo Core Stability Trainer - Pressure Gauge	Weight	► Approx. 600 g (21 oz)
Achievo PBS (RA5011-01) Standard Accessories	► 1. RA102-03SP: Pressure Cuff 2. RA 102-05SP: PBS Software CD 3. RA 102-06SP: PBS CPU		

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